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UP IN SMOKE

Changes to provincial law threatening Ottawa marijuana vape lounge

metroNEWS

A woman smokes a joint during the annual 420 marijuana rally on Parliament Hill on April 20 in Ottawa. THE CANADIAN PRESS

Ottawa still tweaking infill housing bylaw

MUNICIPAL BOARD

Major sticking points building heights, rear yard setbacks

Lucy Scholey
Metro | Ottawa

From boxy-looking buildings to backyards, community associations and builders continued to wrangle over the finer points of an infill bylaw on Tuesday.

The city is two Ontario Municipal Board hearings away from finalizing the "infill two" bylaw. Once approved, it will lay out the rules for rear yard setbacks, height, building mass and projections in inner and outer urban wards.

Council initially approved the infill bylaw last July, but appeals have since been filed to the board. The major sticking points are building heights and rear yard setbacks.

The Old Ottawa East Community Association has filed an appeal on the maximum 11-metre height allotted for triplexes in some neighbourhoods. The group thinks the height should be scaled back, partly to prevent builders from sneaking in a fourth basement unit.

Stephen Pope, a member of the community association, said builders will often hide bedrooms in their building plans, as a way to disguise rooming houses.

"You see a room with a big window, big enough for a bed and it's got a closet and it's labeled 'Music Room,'" he said. "The structures of planning are such that that's not questionable."

City staff say 11 metres is more reasonable for triplexes, but it will be up to the Ontario Municipal Board to decide. The final hearing is Sept. 19.

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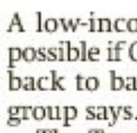
Simplicity is key: Advocates

TRANSIT

Groups pitches way for city to offer low-income pass



Emily Jackson
Metro | Vancouver

A low-income transit pass is possible if OC Transpo just goes back to basics, a community group says.

The Transit Working Group will bring an alternative fare table to the transit commission Wednesday morning, when commissioners vote on a total system overhaul ahead of light rail.

Advocates were appalled last week when the new fare table was released without a low-income transit pass — and a $6.50 monthly fare hike for adult pass holders.

"If low-income people can already not pay for their pass, how do they figure they're going to pay ($6.50) more a month?" asked advocate Heather Stecher.

Right now, about 8,800 low-income transit users don't qualify for discount passes, according to staff calculations.

Heather Stecher, a long-time transit advocate, says OC Transpo can fund the low-income transit pass if it goes back to basics. EMMA JACKSON/METRO

Staff have laid out three options for funding a low-income transit pass (assuming the province doesn't agree to foot the $3.3-million bill): increase other discount fares, spread it across all monthly passes, or hike the regular adult pass to $118.25.

Stecher's group is instead suggesting the city offer one regular monthly pass and one low-income pass, plus cash and e-purse fares.

They didn't have dollar amounts worked out on Tuesday. The plan would let any person living below the low-income cutoff access affordable transit. Anyone above it — regardless of student, senior or disability status — would pay regular fares, Stecher said.

City staff wouldn't comment on the network overhaul ahead of Wednesday's meeting.

But Coun. Jeff Leiper, a commission member and a vocal low-income pass supporter, said juggling the fare structure to serve everyone — without raising taxes or adjusting the fare box ratio — is tougher than it looks.

"It's frustrating," he said. He's not sure he agrees with the group, which would cancel categories like the child's cash fare.

Leiper suggested budget season is the best time to promote the pass, instead of trying to carve it out of existing fares.

"It's going to take more thinking than we're able to do tomorrow around the committee table," he said.

OTTAWA 2017

A 4-day fête of hockey

Haley Ritchie
Metro | Ottawa

The Ottawa Senators are teaming up with Ottawa 2017 to bring the Stanley Cup to Ottawa and celebrate the long history of hockey in Canada.

The 2017 year encompasses a number of anniversaries, including the 25th anniversary of the Ottawa Senators, the 150th birthday of Canada, the 100th anniversary of the NHL and the 125th anniversary of the Stanley Cup. To celebrate, Ottawa will host a four-day hockey-themed celebration in March 2017.

Events will start on March 15 with an evening gala at the Canadian Museum of History and a new exhibition celebrating hockey, culminating on March 18 when the Lord Stanley's Gift monument is unveiled on Sparks Street.

HEALTH

Attorney general voices support for supervised injection site

Joe Lofaro
Metro | Ottawa

Ontario's new attorney general says Ottawa should heed the advice of its top doctor, who is publicly urging the city to support supervised injection sites.

In his first interview since Monday's cabinet shuffle, Ottawa Centre MPP Yasir Naqvi expressed support for the controversial sites as a means to reduce harm to drug addicts.

"I believe in evidence-based solutions," Naqvi told Metro on Tuesday morning.

"If the officer of health is telling us that the evidence results in better care and ensuring people get the treatment and that we reduce the harm to the individual and to others through reducing the risk of the transfer of HIV and hepatitis C, then we should pay close attention to that expert advice."

In a report to be tabled at Ottawa Public Health's June 20 meeting, Ottawa's Chief Medical Officer of Health Dr. Isra Levy wrote, "There is a need to expand services to include SIS in Ottawa," adding the site in Vancouver has shown documented success over the years.

Levy's stance on the issue is at odds with Mayor Jim Watson and police Chief Charles Bordeleau, who both vehemently oppose the model.

Rob Boyd, director of the harm reduction program at the Sandy Hill Community Health Centre, which is where the proposed supervised injection site would be located, is seeking a federal government exemption to open the facility.

Naqvi, who was the former Minister of Community Safety and Correctional Services, said he supports all forms of harm reduction for people with drug addictions, and suggested Watson and Bordeleau consider expert opinion.

"The officer of health is advising them to look into it and the decision does rest with the federal government because it's an exception from the Criminal Code at the municipal level," said Naqvi. "I think we should always make evidence-based decisions."

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Vape lounge to be 'targeted': Owner

MARIJUANA

Advocate plans to file complaint if shop closed

Emma Jackson
Metro | Ottawa

The founder of a marijuana vapour lounge on Montreal Road said he "absolutely" expects to be targeted by city bylaw when the province updates its smoking regulations.

The Ontario government passed amendments to the Smoke-Free Ontario Act last Thursday, which make it possible to ban medical marijuana and e-cigarettes anywhere tobacco is already prohibited. That includes private businesses, so Wayne Robillard's vape lounge, called Buzz On, could suddenly find itself on the wrong side of the law.

"All vape lounge operators across Ontario are concerned," Robillard said.

It's especially frustrating when the federal government is in the process of legalizing marijuana, he said.

"It's really a crazy time to institute this thing," Robillard said.

Bylaw chief Roger Chapman said his department will target "businesses who are non-compliant" once the new rules take effect. It's not clear when that might be.

Robillard said he'll "make every attempt to stay open" for his 250 monthly customers, but the business isn't a money-maker and he can't afford any fines.

Russell Barth, a pot advocate who live streams his weekly podcast from Buzz On, said he plans to file a human rights complaint if the lounge shuts down. He argues that will infringe on his right to medicate at will, and will thwart his income from the show.

Pot advocate Russell Barth says he'll file a human rights complaint if new smoking laws shut down Ottawa's only vapour lounge. EMMA JACKSON/METRO

POLICE

Flat Earth campfire row leads to mischief

Brockville police are seeking a 56-year-old man in connection with a family dispute at St. Lawrence Park on Monday night.

The man was at a campsite with his son and the son's girlfriend.

The older man became angry during a discussion about the shape of the Earth, according to a police news release.

The female insisted the Earth is flat; the man argued it is round.

He allegedly started throwing their items into a campfire; this included a propane cylinder.

City police and fire departments responded at about 10:30 p.m., and the fire was extinguished. The suspect had left the scene, and police are trying to locate him so he can be charged with mischief. METROLAND MEDIA

+ DEBATE

Neither party would change his or her views, the release states.

MINISTRY OF TRANSPORTATION

Woman fakes driving test for elderly mother

An Ottawa woman was caught taking her mother's driving test for her at a Smiths Falls Ministry of Transportation office on June 9.

Smiths Falls Police said the 39-year-old Kars woman wore a wig and glasses and dressed in her mother's clothing to take the test on behalf of her 73-year-old mother.

The driving instructor apparently became suspicious and called police to the MTO office.

The woman was charged with adult impersonation with intent. EMMA JACKSON/METRO

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‘My wife makes me angry’

CAMPAIGN

Program gives counselling to abusive men

Yvette d’Entremont
Metro | Halifax

Three stark black and white posters with powerful messages were unveiled Tuesday at Halifax Regional Police headquarters ahead of a panel discussion about men’s violence against women.

“My wife makes me angry so I push her. My son makes me angry so I push him. I’m angry that I can’t be a better man,” states one of the posters.

The launch of New Start Counselling’s ‘On being a better man’ campaign raised questions about funding for the organization that provides counselling for men who abuse their intimate partners.

The group received funding to create the impactful posters, but has no advertising budget.

Wendy Keen, executive director of New Start Counselling, said her program is struggling due to a lack of resources. Funded through a provincial operating grant of $235,000 a year, she said they’ve been forced to prioritize clients because they only have 2.8 full time counsellors.

“This work is so important because it’s not just about men, it’s about families,” Keen said, noting they could triple their staff next week and still be busy.

As part of the panel discussion on men’s violence against women, Halifax Regional Police Staff Sgt. Scott MacDonald announced they’d recently expanded their crime prevention unit to include a constable who will focus on domestic violence crime prevention.

“We know…that in many domestic abuse situations the victim will go back to the abuser for a variety of reasons,” he said.

“The addition of a domestic violence prevention officer improves our ability to hold the abusers accountable as well as assist them in getting the help they need to change their behaviour and stop the violence.”

Alice Housing’s executive director Heather Byrne was one of many representatives who attended the event. Her organization provides housing and supportive counselling to women and children leaving domestic abuse.

She applauded New Start Counselling’s poster initiative.

“I would just like to commend New Start for continuing their focus on serving men who are the other half of this equation,” she said.

“If we are not focusing the time and attention on these men, we are not going to actually reduce incidents of intimate partner violence.”

Wendy Keen, the executive director of New Start Counselling, unveils their poster campaign at Halifax Regional Police Headquarters on Tuesday, in Halifax Nova Scotia. JEFF HARPER/METRO

> **It’s not just about men, it’s about families.**
> Wendy Keen

HEALTH

Doctors to test kids’ lungs

Jeremy Simes
For Metro | Calgary

Alberta doctors have launched a clinical assessment trial to understand how Fort McMurray’s air quality will affect children’s lungs after wildfires decimated the region in early May.

Dr. Irena Buka, director of Edmonton’s Children’s Environmental Health Clinic, said doctors spearheaded the trial after learning arsenic ash was found at some sites in the city.

IN BRIEF

London mayor admits to affair with deputy

The mayor of London, Ont., Matt Brown, is temporarily stepping down after admitting to a brief “inappropriate” affair with Deputy Mayor Maureen Cassidy, who resigned Tuesday evening, according to AM980.ca.

OUR LONDON/METROLAND MEDIA

BRITISH COLUMBIA

MP under fire for petition to loosen laws on AR-15 rifle

David P. Ball
Metro | Vancouver

NDP MP Nathan Cullen took a fellow northern B.C. politician to task Tuesday for sponsoring a petition that would make it easier for Canadians to get their hands on a semi-automatic rifle like the one used in the Orlando massacre and other U.S. mass shootings.

Cullen argued that Conservative backbencher Bob Zimmer’s support for reclassifying the AR-15 rifle — a civilian version of the U.S. Army’s M-16 assault weapon — as an unrestricted hunting gun is “not defensible.”

“Hunters I know don’t use this gun for hunting,” the New Democrat told Metro in a phone interview. “You certainly wouldn’t use it in your practice as a farmer.

“Any argument that says this is simply a hunting weapon probably hasn’t been hunting lately. This is not a hunting gun. It’s designed to do what it did in Orlando, which is to kill people — and not just Orlando, but San Diego and Sandy Hook.”

Contrary to many media reports since Sunday’s Pulse gay bar massacre, the main gun the shooter used was not in fact a Colt Armalite Rifle (AR-15), but another company’s adaptation — a Sig Sauer MCX carbine.

Regardless of the name, however, both weapons are civilian versions of the U.S. military assault rifle M-16, and can be easily modified to illegally make them fully automatic. In Canada, restricted weapons can only be fired at authorized ranges, can only fire five rounds, and require strict permits.

Zimmer sponsored the petition through a new electronic system launched last year, and presented it in Parliament on May 13. He did not respond to Metro’s interview requests.

A Conservative MP is facing criticism from his peers over his petition to classify the AR-15 as an unrestricted hunting gun. GETTY IMAGES

> **This is not a hunting gun. It’s designed to do what it did in Orlando, which is to kill people.**
> NDP MP Nathan Cullen

ORLANDO

Shooter was seen at nightclub

The murky picture of Orlando gunman Omar Mateen grew more complex Tuesday with word that the FBI is investigating whether he had been a regular at the gay dance club he attacked and had been living a secret life as a gay man.

As victims described the bloody horror of the massacre during a riveting hospital news conference, investigators continued to gather information on the 29-year-old American-born Muslim — and took a close look at his wife, too — for clues to the attack that left 49 victims dead.

A number of possible explanations and motives for the bloodbath have emerged, with Mateen professing allegiance to Daesh in a 911 call during the attack, his ex-wife saying he was mentally ill, and his father suggesting he was driven by hatred of gays.

On Tuesday, a U.S. official said the FBI is looking into a flurry of news reports quoting patrons of the Pulse as saying that Mateen frequented the nightspot and reached out to men on gay dating apps. The official was not authorized to discuss the investigation and spoke on condition of anonymity.

Omar Mateen ASSOCIATED PRESS

Jim Van Horn, 71, told The Associated Press that he saw Mateen repeatedly at the bar and talked to him once.

THE ASSOCIATED PRESS

HALIFAX

Stranger changes views, says sorry to gay hair salon owner

Yvette d’Entremont
Metro | Halifax

On Monday morning, Fred Connors says he got a Facebook message from a stranger who said he’d always hated Connors because he was gay.

But the man went on to say he’d changed his views in light of the deadly attacks at Orlando’s Pulse nightclub. The man, who said he lived on Connors’s street, felt ashamed and wanted to apologize.

“This is 2016 and an adult male with children in my neighbourhood actually believed that there was something biblically wrong with me because I was gay,” Connors said during a phone interview in between clients at his New York City salon.

“This led him to hate me and my partner and not support our business even though he saw the work we were doing in the community and the impact it was having. So what I do find is it often takes big tragedies to create paradigm changes.”

Fred Connors HALEY RYAN/METRO

The Halifax businessman said he was very touched by the message, and was glad the man had changed his way of thinking.

Like Connors, the man had been raised Catholic.

“This event did something for him much more than it did for me. Great. You don’t hate me anymore, but my life isn’t different,” Connors said. “Your life is, because you’ve stopped hating gay people just because you were told you should by your religion.”

metro VIEWS
Your essential daily news
Wednesday, June 15, 2016

ROSEMARY WESTWOOD
ON AMERICA'S DIVISIONS

The concept of a national conversation was lost somewhere along the way to the reality of a national stalemate. And that is fairly terrifying.

In Louisiana, where temperatures hug the low-30s and 80 per cent humidity regularly thickens the air, it's apparently not enough to be on death row.

State officials there have spent $1 million fighting a court order to install air conditioning (more than the cost of said air conditioning), by arguing prisoners can make do with cold showers.

No air conditioning. In Louisiana. On death row. It's a bad joke, except it's actually a headline. And that is the case so often in America these days. When Donald Trump — waving his golden scepter and adjusting the TRUMP crown on his head — pulled press credentials from the entire Washington Post this week, it was a move without precedent that should signal to Trump's followers just how little he cares about freedom. In this case, of the press.

Trump banned the "phony and dishonest" Post after it ran a story about Trump's conspiracy-theory suggestion that President Barack Obama may be somehow involved with the Orlando shooting. That statement, too, should signal to Trump's followers all the sunbathing has finally given Trump perpetual sun-stroke, to the point that he sees Daesh sympathy in a man condemned internationally for going too far (in particular with drone strikes) to kill terrorists.

But then we have to ask: What are Trump supporters actually thinking about all this? And what we've learned in the last year is, they're not really thinking at all. They just love Trump, whatever he says. And the crazier it gets, well, the crazier it gets. It's brand power the Queen would envy. And it suggests a definable, if also unknowable, group who can't be reached by reason or reportage. How big that group is, we may never know. But it was big enough to earn him the Republican nomination.

What are Trump supporters actually thinking about all this? What we've learned in the last year is, they're not really thinking at all.

Penny Milligan, of Morganton, N.C., shows her support for Republican presidential candidate Donald Trump outside a rally in Greensboro, N.C., on Tuesday.
CHUCK BURTON/THE ASSOCIATED PRESS

More generally, the attacks in Orlando have revealed not just deep, but perhaps insurmountable ideological differences among Americans. While Hillary Clinton hammers home the need for gun control, and comedian Samantha Bee slams Florida's governor for his inaction, Trump doubled down on the need for more guns (apparently so Americans can battle it out against terrorists in the streets), a tactic the New York Times warns could actually secure him some needed votes from less educated white Democrats.

That Trump stands to actually gain more support, after all we've seen, genuinely baffles me. But Americans undoubtedly know better. The concept of a national conversation was lost somewhere along the way to the reality of a national stalemate. And that is fairly terrifying. In this era of intractable difference, are there any minds still open to change? And what does that say for the shared experiment that is America?

I consider it a human duty to be able to relate to others, or at least to try. And I'm failing, because I can't understand a person so "tough on crime" they can't even install air conditioning for a few dead-men-walking, or someone so afraid of controls on guns they'd rather live amid routine mass shootings via assault rifles.

And perhaps that confusion is also a Canadian thing. In the American era of Trump, of mass shootings, of bans on Muslims and attacks on abortions and a national uproar over trans people using bathrooms, I've never been faced with so much evidence that we are not at all the same.

America feels, more than ever, deeply unknowable, deeply foreign, and deeply stuck.

By grace of lady luck, sinkhole didn't sink us

COLLINS' CAPITAL
Steve Collins

I'll admit there have been a few days on Rideau Street in these past few jackhammer years of renovation and rip-up when I've considered the relative benefits of the earth just opening up and swallowing the ugly mess whole.

We now know from experience that it doesn't improve matters, but on the plus side, it only made them a little worse.

I have the blessed luxury of being flip, because nobody got hurt in last week's "infrastructure failure." As always on this busy thoroughfare and transit hub, that was a near thing. OC Transpo said a full bus drove over that spot just minutes before the collapse.

Instead, we lost a van, its owner joining the same exclusive and involuntary club as the motorist (also mercifully uninjured) who got sucked into a sudden sinkhole on Highway 174 in 2012.

There's no confirmation this cave-in had anything to do with light rail construction going on in the area at the same time, but few will be amazed if that's the case. An earlier sinkhole at Laurier and Waller proved to be a byproduct of tunnelling, and in the early going last Wednesday, it certainly seemed to be many peoples' first thought, including Mayor Jim Watson's.

"In a project of this magnitude there are going to be challenges when you're digging underground," he said. "When you go down and you go deep there are factors that sometimes are outside of our knowledge and control."

Whether or not the excavation was a cause, this latest cave-in could potentially mess with timelines, with Rideau Transit Group warning the project, which has so far generally delivered on the mayor's "on time and on budget" mantra, might lose up to a month.

It's been pretty smooth digging so far, but tunnels are notoriously tricky.

The fool's-gold standard of how badly they can go is probably still set by Boston's "Big Dig" highway project, finally completed in 2006. It had been slated to cost $2.6 billion back in 1985, but suffered a seemingly endless series of delays and cost overruns. Once the bill is paid off in 2038 or so, it'll be an estimated $24 billion with interest charges rolled in.

That keeps our own little setback in perspective, doesn't it?

What struck me last week was how quickly Ottawa adjusted to this disturbing shift in the landscape. Buses rerouted? Road closures and parking restrictions? We know this drill. Especially in our dug-up downtown core, we've gotten good at adapting. Some of the traffic closures even made for easier pedestrian crossings.

Re-routing Rideau Street buses onto Mackenzie King Bridge seems second nature by now. Below the bridge last Wednesday, I watched an army of shut-out kitchen staff in their whites, chilling out and smoking canal-side, then breezily hopped on my bus and told the driver, "Get me outta here."

Steve Collins lives in Ottawa. He might also be the guy behind you on the bus, pretending not to notice you're reading this. Act casual.

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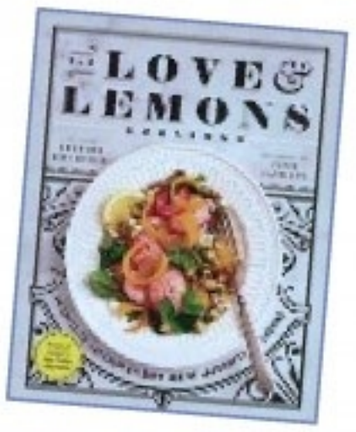
When life gives you lemons

INTERVIEW

Vegetarian recipes include bright notes of citrus flavours

Melita Kuburas
Metro | Canada



Eating vegetables will never go out of style.

"That can't trend out," says Jeanine Donofrio, creator of the Love & Lemons food blog who just released a cookbook that features all vegetarian recipes — an A to Z (or Apples to Zucchini) guide to cooking with plants.

Much like the nose-to-tail philosophy that meat lovers subscribe to, Donofrio is committed to wasting no part of the beloved plants she chops up.

"I try to think of what I have before I go back to the store," says Donofrio, who is from Austin, Texas. "I can make a whole thing of pasta with two leftover radishes and leftover spinach."

A perfect example of her commitment to reducing waste and saving money in The Love & Lemons cookbook (Viking, $35) is the Carrot-Ginger Grain Bowl, in which she uses the tops of the carrots in the meal.

But don't think using scraps makes the food look messy.

As a graphic designer, Donofrio thinks visually first. She left her job in 2011 to start the blog with her husband, and she collaborated with a former coworker on the book.

"I think of design elements like colour, pattern or texture when I'm creating a recipe. Also, I think about how it will look on the plate and how the flavours will work together," she says.

In that sense, the visually striking lemon theme is symbolic of her commitment to the esthetic. Most recipes do include a citrus component, however. "I like bright food so I generally find myself finishing things with a squeeze of lemon. Sometimes it's lime."

"I thought of it in the middle of the night and I went to register the URL at 3 a.m. I was like, 'Oh that's it!"
Jeanine Donofrio, on LoveAndLemons.com

RECIPE FROM THE LOVE & LEMONS COOKBOOK

ROASTED CAULIFLOWER TACOS WITH CHIPOTLE CREAM

Serves 4.
Gluten Free

Ingredients:
- 1 medium head cauliflower, cut into small florets
- Extra- virgin olive oil, for drizzling
- 2 chipotle peppers from canned chipotles in adobo sauce
- 8 tortillas, warmed or grilled
- 1 medium avocado, sliced
- Cilantro
- 1 lime, sliced
- Sea salt and freshly ground black pepper

Ingredients for chipotle yogurt sauce:
- 7 ounces (200 g) full-fat Greek yogurt
- 1 chipotle pepper (from the can used above)
- 1 small garlic clove
- 1 teaspoon (5 mL) fresh lime juice
- 1 teaspoon (5 mL) extra-virgin olive oil
- 1 teaspoon (5 mL) honey
- Sea salt

Directions:

1. Preheat the oven to 400°F (200°C).

2. Line a large baking sheet with parchment paper. Add the cauliflower and drizzle with olive oil and a pinch of salt and pepper. Toss to combine. Working over the baking sheet, use your hands to break up 2 chipotle peppers, along with some of the adobo sauce. Toss again to coat the cauliflower, and roast for 25 to 30 minutes, or until golden brown.

3. Make the chipotle yogurt sauce: In a small food processor, combine the yogurt, chipotle pepper, garlic, lime juice, olive oil, honey, and a pinch of salt. Blend until smooth. Taste and adjust seasoning, adding more salt, pepper, and lime juice as desired.

4. Assemble each taco in a tortilla with a spoonful of sauce, the roasted cauliflower, and a slice of avocado. Serve with the cilantro and lime slices on the side.

EXCERPTED FROM THE LOVE & LEMONS COOKBOOK BY JEANINE DONOFRIO AND JACK MATHEWS. COPYRIGHT © JEANINE DONOFRIO, 2016. PHOTOGRAPH COPYRIGHT © JEANINE DONOFRIO AND JACK MATHEWS, 2016. PUBLISHED BY VIKING, AN IMPRINT OF PENGUIN CANADA, A DIVISION OF PENGUIN RANDOM HOUSE CANADA LIMITED. ALL RIGHTS RESERVED.

JOHANNA SCHNELLER WHAT I'M WATCHING

Just Cuddle taps into millennial awkwardness

THE SHOW: Just Cuddle, S1, E4 (web series)
THE MOMENT: The waffles

A professional cuddler (Winter Tekenos-Levy) is with a client (Nancy Mamais) who recently learned she has a rare, debilitating brain disease.

(Both women are in their 20s.) The client plans to kill herself with painkillers and wants Cuddler to hold her as she takes them. But first she wants to use the waffle maker her aunt gave her. As they eat, Client asks Cuddler how she began cuddling. "English degree," she says. "Saw a Craigslist ad."

"Something more," the client says. Cuddler explains that when she was young, her uncle had MS. One day she was home alone with him and he called her name. "I could see he was in pain," she says. "I went into my room and shut the door. What kind of a person does that?"

The press release for this web series, created by Michael Kimber and Elias Campbell, was savvy enough to include an Atlantic magazine article about real-life cuddlers, who work for agencies with names like Snuggle Buddies and earn up to $80 (U.S.) an hour.

These webisodes (four so far) sound an alarm about, and offer a solution to, a type of anxiety that feels particularly millennial. The characters have tons of empathy for causes. Face to face, though, they find empathy awkward (and they hate awkward). Their lives are stuffed with virtual friends but starved for human touch.

Cuddler is an answer, especially because she's utterly non-judgmental. This series is the Beatles song Eleanor Rigby translated to digital video and Cuddler is a human safe space. Just Cuddle can be seen on vimeo.com.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Pro cuddler in Just Cuddle **(Winter Tekenos-Levy)**, left, with her client **(Nancy Mamais)** in web series Just Cuddle. CONTRIBUTED

From left to right: Margaret Atwood, Scottish artist Katie Paterson and Martin Shkreli. GETTY IMAGES/ TORSTAR NEWS SERVICE

Is it still art if no one can enjoy it?

CULTURE

Authors and movie makers will postdate release of work

Some authors crave public adulation. Others are content to wait for it — even if it takes 100 years.

David Mitchell, the British author of the 2004 novel Cloud Atlas, is the second major writer to submit a manuscript to the Future Library Project, which will delay its publication until the trees in a Norwegian forest are mature enough to make the paper it'll be printed on, a century from now.

Mitchell, 47, won't be alive when the work comes out in 98 years. Neither will Canada's Margaret Atwood, 76, who gave a manuscript called Scribbler Moon to the project last year.

The project, which is the brainchild of Scottish artist Katie Paterson, began in the summer of 2014 when 1,000 trees were planted in Nordmarka, Norway, near the country's capital, Oslo.

The City of Oslo and a public corporation jointly sponsored the project and paid for the trees to be planted and for a special room in the city's Deichman Public Library where the manuscripts will be displayed. Paterson's plan is for an "outstanding" author to do the same — providing both a print and digital copy of a new book — every year until 2114.

The participating authors aren't the only ones embracing the concept of delayed gratification. Actor-director John Malkovich and director Robert Rodriguez recently released a teaser trailer for their film Years — the Movie You'll Never See, in which the actor says, with mock gravity, "Imagine the future."

Inspired by a fine bottle of Louis XIII cognac — which the website notes retails for $3,100 for a 700 mL bottle and is made from cognacs that have been aged for 100 years — the film has been sealed in a vault and will not be screened until Nov. 18, 2115.

And in the marketing coup of the decade, hip-hop group Wu-Tang Clan produced a single copy of an album entitled Once Upon a Time in Shaolin, which the group announced it would sell to the highest bidder.

Along came hedge-fund entrepreneur Martin Shkreli, who paid $2 million for the album last November. Shkreli had become the face of corporate greed and one of the most hated human beings on the planet for buying a pharmaceutical company and hiking the price of a life-saving drug by 5,000 per cent.

Shkreli bragged he bought the album to "keep it from the people" and hasn't even listened to all of its 31 tracks.

Last December, a month after his purchase, Shkreli was arrested by the FBI and charged with seven securities fraud-related charges. A guilty verdict on all of them could keep Shkreli in jail for 100 years.

TORSTAR NEWS SERVICE

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Battle of the barbecues

Skip the sausage when you're firing up the grill.

PICK THIS

Marc Angelo Sweet Chili Chicken Kabobs

Serving 2 skewers (6 oz)
Calories 180
Fat 3g
Saturated fat 0.6g

SKIP THIS

Chicken Sausage

Serving 1 sausage (5.2 oz)
Calories 448
Fat 39.1
Saturated fat 13g

HERE'S WHY

Equivalent to 2 Pepperoni Personal Pizzas from Pizza Hut in fat.

When the weather is warm, we all love to cook most of our meals outdoors on the grill. Meat sausages are a tasty favourite, but even a chicken version is far from a healthy pick. Sausages are made from fattier cuts of meat with added fillers and excess sodium. Skip them this summer, as they serve up more than half of your daily allowance of fat and saturated fat, as well as 2.5 times more calories than the kebobs!

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With 1,000 horsepower, Mazzanti Evantra Millecavalli is Italy's fastest supercar

New Camaro is really, really fun

ALL PHOTOS COURTESY CHEVROLET

REVIEW

Fast, efficient, great sound — there's a lot to like here

Craig Cole
AutoGuide.com

Since my first Chevy Camaro encounter during a harrowing drive through an ice storm in Montana, I've driven it on a couple other occasions, though curiously only V6-powered examples. Chevy's eight-cylinder offering has eluded me, until now.

And it was worth the wait! SS models features GM's potent 6.2-litre LT1, a modern-day descendant of the original small block that was introduced back in the 1950s.

While practically every other automaker has abandoned pushrods in favour of overhead camshafts, this venerable V8 still uses 16 of the buggers to operate its valves. This configuration is a total throwback, but it delivers heady numbers, in this case, 455 horsepower and an equal amount of torque. That's 20 more thoroughbreds than the Mustang GT can supply, along with an almost an extra 82 kg-m of twist.

The Camaro's prodigious power is a given, but against expectations, the efficiency figures it's graced with are nothing to scoff at. Direct injection and variable valve timing help improve flexibility and fuel economy. When equipped with a six-speed manual transmission, like our test car had, the SS should return 6.8 kilometres per litre in the city, 10.6 km/L highway and 8.1 km/L combined, which is not bad at all.

The Camaro I spent a week with was equipped with 1SS trim, which is the most basic version that's available with a V8 engine. Honestly, it's the one I'd get if I were spending my own greenbacks because with cloth seats, a stick and no bulls—, it's incredibly straightforward.

With a lightweight body and tons of power, it can hit 97 km/h in the four-second range. In fact, it's scary fast. From a standstill you go first, second, 137, what's my bail be set at, your honor? Why do you need a Z/28 or a ZL1? Unless you literally live at a track, the SS model is more than enough.

Aside from its engaging dynamics, the sound this Camaro makes is also enthralling. It burbles and pops, rumbles and snorts like an uncorked race car, sounds that come courtesy of that optional exhaust system.

Beyond all of this, the Camaro's magnetic ride control system allows you to completely change the suspension feel, from smooth and supple to kidney-jolting, all at the push of a button; it's pretty frickin' amazing how well this technology works, providing you with the best of both worlds.

The SS trim takes everything that's commendable about lesser Camaros and cranks it up, giving you more speed, sound and style. Sure, it may not be a perfect car, with several critical vulnerabilities, but is it ever fun!

THE CHECKLIST | 2016 CHEVROLET CAMARO SS

THE BASICS

Engine: 6.2-litre V8
Power: 455 horsepower
Transmission: Six-speed manual
Price: Starts at $44,750, including destination

LOVE IT
- Aggressive styling
- Driving dynamics
- Incredible power
- Throaty rumble

LEAVE IT
- Useless trunk opening
- Crippling blind spots
- Not exactly cheap

TIPS

The best cars for riding with Rover

Sami Haj-Assaad
AutoGuide.com

Pet owners, assemble! Cars should be better built to accommodate your furry friends, but it turns out that many pet owners don't know what makes a car more pet friendly. Fortunately, we have an expert in all things pet-related, and she's here with some tips and things you should consider when buying a car and you have a pet.

"As your dog ages, you may find that your present vehicle doesn't cater to his needs," said PetGuide.com editor and former AutoGuide.com contributor Amy Tokic.

"He may need more room to lie down in the backseat, or a ramp to get in and out of the car."

Tokic says a hatchback is a more dog-friendly vehicle because it's low and has easy access. "The back pops open and your dog hops in. An added bonus: a large back window offers your dog a great view of the surroundings without having to roll it down.

Cargo Versatility

Dogs love to move around and don't like being stuck in one place. The Magic Seats in the Honda HR-V and Honda Fit can fold flat or upwards, which allow for a level cargo area behind the front seats.

Cleanliness

"Cars that are easy to clean stay that way," explains Tokic. "If your dog sheds, good luck trying to get all of it off the fabric seats. Leather interiors are easier to clean — accidents and dirty paw prints wipe right off. On the flip side, they can get hot in the sun, and no one wants a burned butt."

PET LOVE

Subaru funded a whole study regarding the crashworthiness of pet carriers and crates, while Volvo offers accessories designed for pet owners including a dog gate and ramp.

For the canine that wants to see it all: Large back windows offer your pup a great view. ISTOCK

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Volkswagen

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Nissan's sweet homage to doughnuts

+ SOCIAL MEDIA

Volkswagen releases the #PinkBeetle

Volkswagen has rolled out a special edition of the Beetle known as the #PinkBeetle.

The car, which VW claims is the first vehicle to be named with a hash-tag, will be offered as a coupe and convertible this fall.

As can be expected, a unique shade of Fresh Fuschia Metallic paint coats the car. Inside, pink accents are found throughout while cloth seats are fitted with a plaid insert.

VW's latest MIB II infotainment system is fitted which offers VW Car-Net, App-Connect, Apple CarPlay and Android Auto.

STEPHEN ELMER/FOR METRO

WHEELS ROUND UP

News driving the auto industry brought to you by AutoGuide.com

HANDOUT

370Z NISMO

Nissan doles out the sprinkles

Nissan celebrated National Doughnut Day earlier this month by decorating a bunch of donuts by doing donuts in a 370Z NISMO.

The brand has enlisted the help of Formula Drift driver Chris Forsberg to decorate some doughnuts with the spinning rear tires of the 370Z NISMO. In total, 1,270 kilograms of sprinkles were laid out on the ground for the 370Z to fling onto the waiting pastries.

A total of 325 doughnuts were covered in delicious sprinkles by the car after 15 passes were made.

To check out the process in all its glory, search for the How to Decorate a Donut with a Car video by Donut Media on YouTube.

STEPHEN ELMER/AUTOGUIDE.COM

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metro SPORTS

Maria Sharapova's appeal of her two-year doping ban to the Court of Arbitration for Sport will be ruled upon next month ahead of the Olympics

Farewell to Mr. Hockey

GORDIE HOWE

Thousands pay respects at Joe Louis Arena

Old hockey gloves, jerseys and framed photos were displayed on one side of Gordie Howe's flower-draped coffin, friends and family members were seated on the other.

Standing nearby were some of hockey's biggest names — Wayne Gretzky, Scotty Bowman and Steve Yzerman, to name a few — who swapped stories and shared memories of the man known as Mr. Hockey.

"Somebody said it best this morning that (Jean) Beliveau, the Rocket (Maurice Richard) and Gordie — they were the three people that probably could change a hockey rink into a cathedral," Gretzky said. "And when you walked in, it was more like a church today. It's really special."

The Joe Louis Arena doors opened Tuesday morning for the 12-hour public visitation to honour Howe, who died Friday at age 88.

A steady stream of fans and well-wishers shuffled slowly down a red carpet toward Howe's coffin for the chance to say goodbye to the man many consider the greatest player ever.

"There won't be another equal to Gordie Howe in my mind," said Red Wings fan Jim McIntyre of Chatham, Ont. "In my mind, he was the king of hockey and he was also a prince of man."

Howe was a star forward for the Red Wings during much of his NHL career, which started in 1946 and ended in 1980. Howe, born in Floral, Sask., played 32 pro seasons and won both the Art Ross Trophy as top scorer and Hart Trophy as MVP on six occasions.

But he could do much more than score. Howe was quick with an elbow and was as tough as nails. Opponents crossed him at their peril.

It was in stark contrast to his style off the ice. Howe was soft-spoken, friendly and had a gentle demeanour.

"Wherever I go — anywhere in the world — and people talk about the Red Wings, they talk about Gordie Howe," Yzerman said. "They really do."

Howe set NHL marks with 801 goals and 1,850 points. Those records were eventually eclipsed by Gretzky.

"He's the nicest man I ever met," said Gretzky, his voice cracking with emotion. "I've been lucky in my lifetime. I got to be part of hosting the Queen, my wife and I got to meet Pope John Paul, I got to light the torch at Vancouver at the Olympic Games and they're all great honours.

"But when the boys asked me to be a pallbearer today, it was pretty special."

Mourners and fans paid their respects to Mark Howe, at the visitation for his father Gordie Howe (inset), at Joe Louis Arena on Tuesday in Detroit. BILL PUGLIANO/GETTY IMAGES

THE SCENE

Inside Joe Louis Arena, with soft red light shimmering against a black backdrop, banners marking the four Stanley Cup Gordie Howe won with Detroit in the early 1950s were displayed with his retired jersey banner.

Howe's No. 9 was also projected on the arena floor and two screens ran slideshows of old photos.

Bowman was also among the pallbearers along with former Detroit Tigers outfielder Al Kaline.

A few dozen fans lined up outside the arena 90 minutes before the opening to be among the first to pay their respects. Others wrote messages of sympathy on two large banners outside the entrance.

Red Wings fan Bud Somerville spent the night on a folding chair outside the rink so that he'd be the first in line. The 60-year-old from Westland, Mich., said he was a teenager when he first met Howe at the old Detroit Olympia arena.

"He's always been my favourite player, just nobody compared to him," he said. "He was the greatest ever. They call Gretzky the greatest, but Mr. Hockey is the greatest."

Howe's funeral, which will also be open to the public, is set for Wednesday at Detroit's Cathedral of the Most Blessed Sacrament. THE ASSOCIATED PRESS

IN BRIEF

NHL rolling dice on Vegas

A person with direct knowledge of the NHL's decision says the league has settled on Las Vegas as the home for its next expansion franchise, provided organizers can come up with a $500 million fee.

The person spoke Tuesday on condition of anonymity because details of the plans have not been released by the league ahead of its Board of Governors meeting on June 22 in Las Vegas.

THE ASSOCIATED PRESS

Big debut for Iceland

A goal from Birkir Bjarnason earned Iceland a shock 1-1 draw with Cristiano Ronaldo's Portugal on Tuesday at the European Championship in Saint-Etienne, France, the tiny Scandinavian nation's first-ever match at a major tournament.

Iceland was second best most of the Group F game and trailed to a first half strike by Nani.

THE ASSOCIATED PRESS

Blue Jays pummel Philly

Josh Donaldson hit a grand slam while driving in five runs and Marcus Stroman pitched seven strong innings as the Toronto Blue Jays blew out the Philadelphia Phillies 11-3 Tuesday.

Donaldson went 3-for-4 with two doubles to go along with his grand slam while scoring three runs.

THE CANADIAN PRESS

Lunch Break? Go Pigale!

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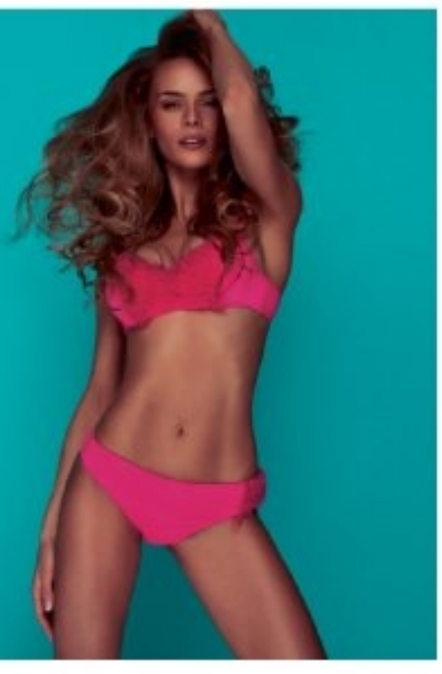


RECIPE Lemon Linguini

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Summer doesn't have to mean forgetting all about pasta for three months. This elegant linguini dish is zingy from citrus, yet has a light, creamy texture.

Ready in
Prep time: 10 mintues
Cook time: 10 mintues

Ingredients
- 1 500 gram package of linguini
- 3 lemons, juiced
- 1 lemon, zested
- 6 Tbsp olive oil
- 1 1/2 cup Parmesan cheese, grated
- handful of basil, washed and sliced into strips
- salt and pepper to taste

Directions

1. Cook pasta according to package instructions. Scoop out about a cup of the cooking water before draining and set aside.

2. While pasta is cooking mix together lemon juice, zest, oil, Parmesan in a small bowl.

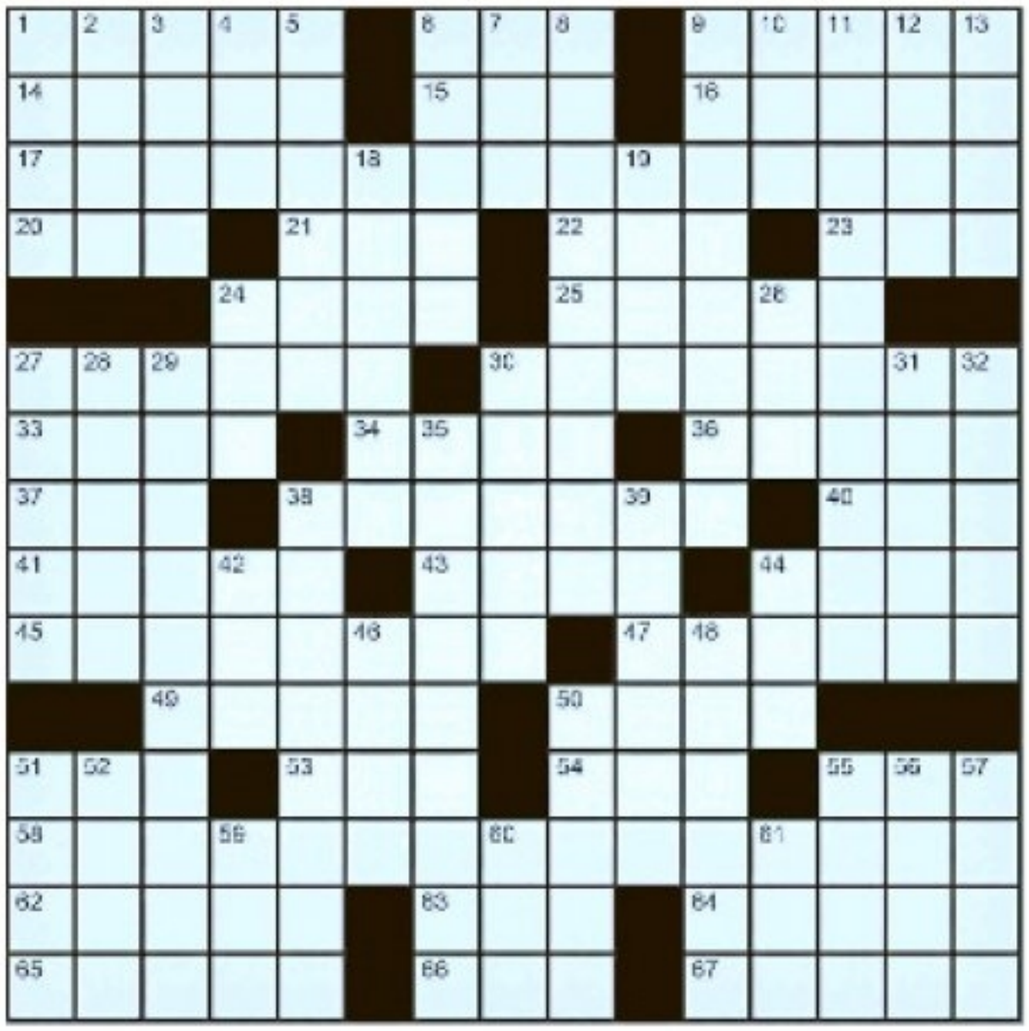
3. Place drained pasta back into the pot. Pour the sauce over the pasta and toss well until the cheese melts and each strand of pasta is well coated. You can add a bit of cooking water if you need to loosen up your sauce.

4. Add in the basil and toss again. Serve with a sprinkle of Parmesan

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Cary of "The Princess Bride" (1987)
6. Research _
9. Honolulu parties
14. Saskatchewan town south of Prince Albert
15. WWW address
16. Accepted practice
17. Promptly-pallid plane passenger props: 3 wds.
20. Ottawa gr.
21. Never: German
22. Bill the Cat's exclamation in comics!
23. "Zoolander" (2001) star ...his initials-sharers
24. 'A' in CIA [abbr.]
25. Hot chocolate
27. Arbitrate
30. Defeated
33. 'Confl' - 'Contrad' - 'Constr' completers
34. Scarce
36. 'Your' in French
37. "Well, _-di-dah."
38. The current Mayor of Montreal, Denis _
40. 'Absorb' suffix
41. For _ _ see (Open for the public)
43. Flower shop piece
44. Creamy cheese
45. Washes
47. Bellowing burro
49. Exclusive circle
50. _ Canal
51. Mtl. football players
53. Alternatives
54. Calgary Stampeders org.
55. Sugar amt.
58. Elusive quest for explorer Juan Ponce de Leon: 3 wds.
62. Think alike
63. Asphalt
64. Had
65. Clarinettist's stash
66. "_-haw!"
67. Tide types

DOWN
1. Mr. McGregor
2. _-back (Relaxed)
3. TV sitcom radio station
4. Lou Grant's portrayer ...his initials-sharers
5. Golfing tee-off moves
6. Great Big Sea song that goes "... boat is painted green / Ha, me boys!"
7. Prince Valiant's son
8. Stadium seats waaaay out there
9. Canada's Capital Region... Geological passage-of-marble attraction in Gatineau Park: 2 wds.
10. Computer's lettered port
11. _ _ _ _ (Item to help power up a TV remote control)
12. Australian boots
13. Legis. meeting
18. Roman orator
19. Bulk-carrying barge
24. Three-toed sloths
26. Motto of Montana, _ y Plata (Gold and Silver)
27. Lavender
28. "_ _ Your Name" by The Beatles
29. Sporty style
30. Financial officer, e.g.
31. Bert's muppet pal
32. Discourage
35. Hardship
38. Implies
39. Bluntly reject
42. Shoe hue
44. Director Mr. Luhrmann
46. "..._, whatever will be, will be..."
48. Turn to for trusty support: 2 wds.
50. Mark with notches
51. "_ _ Off Place" (1993) starring Reese Witherspoon
52. Private box at the theatre
55. Bluefin _
56. Footprint
57. High degs.
59. Mr. Bellamy
60. Scot's 'no'
61. Have debts

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Your communication skills are fabulous today. In fact, you can make money with your words, which is good news for those of you who sell, market, write, edit, teach and act.

Taurus April 21 - May 21
This is an excellent day for business and finance. In fact, all financial negotiations will be favorable to you. Shop for beautiful things for yourself and your loved ones.

Gemini May 22 - June 21
Because everyone is laid-back and mellow today, you will get along easily with all your contacts. You might be attracted to the arts and/or buy beautiful things.

Cancer June 22 - July 23
Solitude in beautiful surroundings will please you today. You want to mellow out; at the same time, you want to appreciate the beauty around you.

Leo July 24 - Aug. 23
You will enjoy entertaining at home today. Likewise, you will enjoy redecorating your home, because you want everything to be comfy, cozy and inviting!

Virgo Aug. 24 - Sept. 23
Relations with daily contacts are excellent today, because you are so charming. Enjoy talking to siblings, relatives and neighbors. This is also a good day for writers.

Libra Sept. 24 - Oct. 23
You love beautiful surroundings, and today you will want to buy beautiful things for your surroundings. On the whole, this is a good day for financial matters.

Scorpio Oct. 24 - Nov. 22
Today the Moon is in your sign, dancing beautifully with fair Venus. This promotes all your relations with others and stimulates your interest in the arts.

Sagittarius Nov. 23 - Dec. 21
It will benefit you to work alone or behind the scenes today, even if you're dealing with members of the general public. Quite likely, whatever you do will work out well.

Capricorn Dec. 22 - Jan. 20
Relations with a female acquaintance will be positive today. Someone might give you tips on how to improve your health.

Aquarius Jan. 21 - Feb. 19
You shine in the eyes of others today, especially bosses, parents, teachers, VIPs and the police. Because people think so highly of you, use this to your advantage!

Pisces
Feb. 20 - March 20
Travel for pleasure appeals today. In fact, any opportunity to enjoy beautiful places or arts and crafts of other countries will delight you.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		8	2	7	9	6		
	6						5	
4				6				9
6				1				3
8	2			3	5	4		7
7								1
2								5
	1			5			4	
		7	3	8	6	1		

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

4	8	3	5	2	6	1	9	7
5	1	9	7	3	8	4	6	2
6	7	2	1	9	4	8	3	5
1	6	7	4	8	5	3	2	9
9	3	8	6	1	2	7	5	4
2	5	4	9	7	3	6	8	1
8	2	1	3	4	9	5	7	6
3	4	5	2	6	7	9	1	8
7	9	6	8	5	1	2	4	3

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